



DDUKK - CUSAT

EMPOWER INNOVATE SUSTAIN

DDU KAUSHAL KENDRA COCHIN UNIVERSITY OF SCIENCE AND TECHNOLOGY



5 Day Workshop on PERSONAL PRODUCTIVITY

DATE : 2023 JANUARY
25,27,28,30,31

VENUE : DDU KAUSHAL KENDRA, CUSAT

WORKSHOP COORDINATORS :

Prof. (Dr.) Zakkariya K. A., Director, DDUKK, CUSAT

Ms. Sukrutha A. K., Asst. Professor, DDUKK, CUSAT

FOR MORE INFO :

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[kaushalkendra.cusat.ac.in](https://www.kaushalkendra.cusat.ac.in)

Workshop Facilitators

25/01/2023

Happiness Project - Mindfulness,
Emotional Wellbeing



Ms. Ami Venki
Soft Skills Trainer

27/01/2023

Self Analysis and Goal
Oriented Approach



Mr. Rajesh T.
HR Mentor

28/01/2023

Resume Tips & Techniques, Team
Roles & Interpersonal Skills



Mr. Antony Varkey
Soft Skills Trainer

30/01/2023

Critical Thinking, Decision
Making & Crisis Management



Mr. Nisam A. P.
Director, Coach India
Academy

31/01/2023

Self Management
& Time Management



Mr. John Joseph
Trainer, Space HR Trainer
Solutions

REGISTRATION FEE : ₹3000

PAYMENT MODE : NET BANKING
(DIRECTOR, DDUKK, CUSAT,
A/C NO : 00000067351942456
IFSC CODE : SBIN0070235)

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